



shishálh Nation

Dear parents/caregivers:

This letter is to advise you that under the advice of the BC Centre for Disease Control, Vancouver Coastal Health and the Ministry of Children and Families we have made changes to our Covid-19 health policy.

Stuffy and or runny nose has been removed from the list of symptoms that require children/youth to stay home for 10 days. Please note that our regular illness policy still applies and children with yellow or green mucus must stay home until their symptoms have cleared.

We have attached the Wellness Centre spaces illness policy for your reference as well and a copy of the updated daily health check.

If you have any questions, concerns please don't hesitate to reach out to us.

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Director of Education

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Wellness Centre Illness Policy

While we are sensitive to the stress that illness may cause for families, we ask that you keep your child at home, or make alternate arrangements, if your child:

- Has a communicable disease.
- Has a contagious infection, including pink eye or oozing and red eyes.
- Has a fever over 37.8 degrees Celsius 100 Fahrenheit.
- Any kind of yellow or green mucus from nose
- Is vomiting or has **within the last 24 hours**.
- Has a skin infection or an undiagnosed rash.
- Requires a pain reliever or cold medication to alleviate symptoms of cold/flu.
- Continuous coughing (not due to asthma).
- Is not well enough to participate in all program activities.
- Fever, irritability, lack of energy, trouble breathing, persistent crying; rash with fever or behavioural change, or other signs of severe illness.
- Belly pain for 2 or more hours.
- Mouth sores (until they are crusted and dry).

Please notify the Centre if your child has a communicable disease so that other families and the Community Health Department can be notified.

If your child becomes ill during the day, we will attempt to contact you. If you are unavailable, we will try to reach your emergency contact/s. We will provide a quiet, resting area and close staff supervision until you, or one of your emergency contacts, can pick up your child. If the situation becomes urgent, we will follow the emergency procedures outlined.

Daily Health Check Resource

Name of child _____ Date _____

Name of parent/guardian: _____

Does your child have any of these symptoms?

Daily Health Check

1. Key Symptoms of Illness	Do you have any of the following new key symptoms?	CIRCLE ONE	
		YES	NO
	Fever 37.8 degrees Celsius 100 degrees Fahrenheit	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Breathing difficulties (breathing fast or working hard to breathe)	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

- **If you answered “YES” to one or more of the questions included under ‘Key Symptoms of Illness’, or your child has a fever or difficulty breathing,** seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. Please keep your child home for a period of **10 days** after the onset of symptoms. Once the symptoms have resolved fully your child may return to the centre.
- **If a COVID-19 test is recommended as a result of the health assessment,** self-isolate while waiting for results
 - **If the COVID-19 test is positive,** self isolate and follow the direction of public health.
 - **If the COVID-19 test is negative,** return to the child care facility once well enough to participate.
 - **If the COVID-19 test is recommended but not done,** self isolate for 10 days after the onset of symptoms and return when the child is well enough to participate.

School Temp check on arrival: _____

Parent / Guardian Signature: _____

Child Care Staff Signature: _____