**Parenting Teens**

Parenting Teens, based on Positive Discipline and Circle of Security teachings will help parents to discover the importance of being the one their child comes to through the tricky teen-age years.

Parents will explore their own reactions to teenage behaviors and will learn strategies to help them stay connected. This class will be based on attachment philosophies and restorative principles that feel good to the child and the parent!

**Chatelech Secondary Library**

**Wednesdays, 6:00 to 8:00 pm,**

**Nov. 7 to Dec. 12**

To register please call the CCRR at 604-885-5657 or email [coastccrr@sccss.ca](mailto:coastccrr@sccss.ca).

Sponsored by SC District Parents Advisory Council